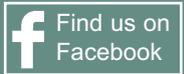




Friends

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A Publication by the Friends of the Children's Justice Center of Maui • April is "Prevent Child Abuse Month"

Be the voice for the voiceless. Speaking up for our children of abuse and neglect.

When I became an adult, I decided to become a voice for our children who had no voice. Growing up in a situation where I did not have a voice, I knew all too well the feelings of not being heard. This is where my advocacy journey began. During this journey I was extremely fortunate over 20 years ago to be invited to be a Board Member for the Friends of the Children's Justice Center of Maui. Eleven years ago, I took on a different role with the agency as the Executive Director and it is one of the best decisions I have ever made. At the Friends of the Children's Justice Center, we are always asking the question of what more can we do to have the greatest impact in the healing process for children of abuse and or neglect in Maui County? Our mission is "To provide support for the healing of abused and neglected children, to promote prevention of child abuse and neglect, and to advocate for the Children's Justice Center of Maui." Along with our mission, we recently adopted our Diversity, Equity, and Inclusion Statement, "At the Friends of the Children's Justice Center, we are inclusive in all that we do. We are committed to growing in our understanding and support of others in a manner free from discrimination of any kind. We respect all individuals regardless of their race, color, ethnicity, religion, gender, gender identity, sexual orientation, age, disability, or veteran status". Adhering to these statements are vital in helping to guide us in all of our work assisting the children and their families with their healing process.

A child's voice. What does that mean to you? When you think about yourself at a young age, do you remember a time when your parents did not listen to you? Maybe you got into trouble and instead of listening and accepting your simple explanation for why you did something a certain way, they assumed your motive and punished you according to their



Paul Tonnessen
Executive Director

assumption. Do you remember how that made you feel? Betrayed maybe, or scared, confused, angry? Maybe even sad or hurt? Perhaps a mix of all those emotions. Now imagine feeling that on a daily basis as a child within our Foster Care system. These children enter a system under no fault of their own and often times they are scared, confused, and yes more often than not angry for the situation that they were placed in. A big part of our mission lies in advocating for our Foster Youth and the Foster Care system. We are aware of how much is going on in these children's lives that they have been unable to process prior to an intervention. We know that we need to provide a way to open the doors for communication for these individuals to allow them to begin their healing process. One of our greatest success tools in doing so is our "Journey to New Beginnings" program. This program was created and implemented for our youth at risk by our Executive Director and the Board of Directors Prevention Committee. Through this program we have been able to empower our at-risk youth who have unfortunately been exposed to unhealthy home

environments and traumatic events. We realize that by empowering children to have a voice it not only gives them a voice but also allows them to bring the positive experience from the program back into their sometimes-negative environment. These children become powers of examples for other youth who are going through the same challenges and become their own "VOICE" until they are able to find their own. The outcomes from Journey to New beginnings have been extremely successful. As it was designed to teach the children we serve how to become a healthy component within a dysfunctional and chaotic environment. This teen empowerment program has had amazing success in providing the necessary tools to our traumatized youth to not only deal with their trauma from abuse and or/neglect but more importantly to be able to move forward from it to become productive members of our community. One of our most recent participants shared, "The Friends of the Children's Justice Center's program called "Journey to New Beginnings" is about showing you the weight from trauma that you carry around every day.

Continued on page 3.

Inside:



- Who are the Friends
- 7 Ways to heal your childhood trauma.
- Mental Health and Suicide Risk
- What is Historical Trauma?
- Mental health effects of foster care
- Much much, more

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Who are the Friends?

The Friends of the Children's Justice Center of Maui (FCJC) is a private, non-profit corporation, founded in 1989 by a non-partisan group of community and business leaders concerned with the social welfare of children and families who have been traumatized by abuse and severe neglect.

The Mission of the FCJC has three parts.....

To provide support for the healing of abused and neglected children. We do this by receiving requests from over 40 social services agencies and other professions for services or items that will help with the healing of the child. These services could be for education or tutoring, counseling, medical, transportation, social activities, sports activities, after-school programs, self-esteem issues, school needs and everything in between.

Promote prevention of child abuse and neglect.

We accomplish this task by creating and distributing a 16-page supplement in the Maui News about child abuse and neglect prevention; by producing and distributing DVD's on "Mandated Reporting" and "Shaken Baby Syndrome"; by participating in several community-wide forums such as "Keiki Fest"; by distributing two newsletters annually; and by participating in the 2009 PREVENT Institute, the Ho'oikaika Partners prevention committee, the Hanai Coalition for foster children and the Hawaii Children's Trust Fund Prevention Campaign.

To advocate for the Children's Justice Center of Maui. The CJC is part of the State Judiciary, and is the safe and nurturing

facility where suspected victims of child sexual abuse and extreme physical abuse are brought for an interview and possible forensic examination.

We provide funds for training of the police and social workers who are involved in those interviews; snacks for the children being interviewed; snacks for the meeting participants; stuffed toys for the children; and support supplies for the office.

This past year, the FCJC:

- Served 800 children with funding for direct services.
- 1,612 children with Christmas gifts
- Over 24,000 households with our annual 16-page prevention newspaper supplement
- 3,000 readers through two newsletters
- 8,000 children and parents reached through community events

And we do all of this with one paid staff person and many dedicated volunteers. We receive no Federal, State or County funding. Our funding comes from the Bradley and Victoria Geist Foundation, the Teresa Hughes Trust, Sentry Tournament of Champions Golf Tournament and companies and individuals through several fundraisers during the year.

We invite you to learn more about us and to help us through a tax deductible donation. If you have questions, call 986-8634, email us at info@mauicjc.org or visit our website at www.mauicjc.org.

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Continued from front page.

Being mad because of that or having other emotions towards people or even yourself shows you that you need to begin a healing process. They have also taught me what the word "empathy" really means, and they show you and explain to you what feeling loved is really like. Mahalo for being a part of the biggest support system for me and others. Everyone involved has made the biggest difference in not only my life but in so many other children's lives. Also, the Friends are amazing, they are the voice that us kids need because most of us are what we call "voice less". We are too afraid to say or do anything about what has occurred in our lives because of our past trauma and any other negative experiences that we have encountered".

Children are the most vulnerable and voiceless in our society. How can we address the issue of child abuse and let their voices be heard? Should a child leave a home after being a victim of abuse and neglect without having the proper tools in place to heal? Our primary concern is to protect Maui County's most vulnerable residents, the children who have been

victimized through abuse and/or neglect. We need to ensure that the tools for their healing process are in place as soon as they come into the system. The traumatic experiences that abused children face early in life will greatly affect their lives as adults without an intervention. These children often grow up with mental health problems, substance abuse issues along with severe trust issues due to the people in their lives that were supposed to love and protect them failing or unable to do so. Many drop out of school and turn to crime or live on the streets due to an overburdened system. This spiral not only threatens the future of the child, but also the fragile social safety net of our community. It affects all of us in the community. This is why we at the Friends understand the importance of continuing to fulfill our mission for their healing process.

We want to challenge each and every one of you to use your voice and speak up for the children who cannot speak for themselves. If we unite, maybe someday we won't need to be recognizing April as Child Abuse Prevention Month. Child abuse is a crime of secrecy, and it takes the entire community to protect our chil-

dren. Each of us has an obligation and an opportunity to break the cycle of child abuse and neglect. If you see or suspect a child is being abused, report it to Child Welfare Services of Hawaii (888) 380-3088 or Maui Police Department (808) 244 -6400. If you feel a child's life is in imminent harm, please call 911 immediately.

*All reports to the department concerning child abuse or neglect made, as well as all records of such reports, are confidential. Anyone participating in good faith in the making of a report shall have immunity from any liability, civil or criminal, that might be otherwise incurred or imposed by or as a result of the making of such report.

Mahalo, Paul Tonnessen
Executive Director,
Friends of the Children's Justice Center of Maui.

Mahalo, Friends of the Children's Justice Center of Maui.

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Mental Health and Suicide Risk in Hawaii Youth

Some just jaw dropping data was found in The Trevor Project's 2022 Survey on LGBTQ Youth Mental Health. Responding LGBTQ youth here in Hawaii report the following:

52% of LGBTQ youth in Hawaii seriously considered suicide in the past year.

17% of LGBTQ youth in Hawaii attempted suicide in the past year.

75% of LGBTQ youth in Hawaii reported experiencing symptoms of anxiety.

54% of LGBTQ youth in Hawaii reported experiencing symptoms of depression.

54% of LGBTQ youth in Hawaii who wanted mental health care in the past year were not able to get it. Specifically 54% wanted but did not receive care and only 46% wanted and received care.

Of these, the reasons for this were reported as 61% did not want to have to get parental permission

51% were afraid to talk about their mental help with others

42% said they were afraid it wouldn't work

40% said they were afraid they would not be taken seriously and

37% said they would not afford it.* Of those LGBTQ youth surveyed, 32% of respondents responded that they experienced threats or harm based on sexual orientation or gender identity.

11% reported they were threatened with conversion therapy.

4% actually were subjected to conversion therapy.*

What does all of this tell us? It says our LGBTQ youth are in great risk of harm. Families, friends, teachers and counselors need to be mindful of the needs of our LGBTQ youth. Because of this, there is a new coalition that has formed on Maui to begin to address the needs of our LGBTQ youth. Aloha Maui Pride, the Children's Justice Center, the Maui AIDS Foundation and the Maui Equality Coalition have created a coalition that has begun work together to create a resource, safe place and monthly meeting place for youth aged 14-18 (19 if still in high school) to come to and contact as a resource and gathering space for youth, families and friends needing information, guidance and support. If you are interested in helping to build this space or can donate please contact alohamauijim@gmail.com. As we know, creating a space and resource like this takes a village. Join us if you can. Mahalo!

**Source: 2022 National Survey on LGBTQ Youth Mental Health by State by the Trevor Project*



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Breaking The Cycle of Abuse

If you have a history of child abuse, having your own children can trigger strong memories and feelings that you may have repressed. This may happen when a child is born, or at later ages when you remember specific abuse to you. You may be shocked and overwhelmed by your anger, and feel like you can't control it. But you can learn new ways to manage your emotions and break your old patterns. Remember, you are the most important person in your child's world. It's worth the effort to make a change, and you don't have to go it alone. Help and support are available.

Tips for changing your reactions

Learn what is age appropriate and what is not.

Having realistic expectations of what children can handle at certain ages will help you avoid frustration and anger at normal child behavior. For example,

newborns are not going to sleep through the night without a peep, and toddlers are not going to be able to sit quietly for extended periods of time.

Develop new parenting skills.

While learning to control your emotions is critical, you also need a game plan of what you are going to do instead. Start by learning appropriate discipline techniques and how to set clear boundaries for your children. Parenting classes, books, and seminars are a way to get this information. You can also turn to other parents for tips and advice.

Take care of yourself.

If you are not getting enough rest and support or you're feeling overwhelmed, you are much more likely to succumb to anger. Sleep deprivation, common in parents of young children, adds to moodiness and irritability-exactly what you are trying to avoid.

Get professional help.

Breaking the cycle of abuse can be very difficult if the patterns are strongly entrenched. If you can't seem to stop yourself no matter how hard you try, it's time to get help, be it therapy, parenting classes, or other interventions. Your children will thank you for it.

Learn how to get your emotions under control.

The first step to getting your emotions under control is realizing that they are there. If you were abused as a child, you may have an especially difficult time getting in touch with your range of emotions. You may have had to deny or repress them as a child, and now they spill out without your control.



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Child Abuse is Linked to Future Substance Abuse

Source: AmericanAddictionCenters.org

Children of parents with substance abuse issues are at greater risk for abuse or neglect, and this childhood abuse will have a devastating impact throughout their lives. These children are more likely to experience trauma, face difficulties with concentration and learning, control their physical and emotional responses to stress, and form trusting relationships. Several epidemiological studies have shown that experiencing abuse as a child increases the risk for substance abuse later in life. Adults who were abused as children often turn to drugs and alcohol as a coping mechanism for dealing with their childhood trauma. Results from a long-term study following abused children up to the age of 24 showed that physical abuse during the first five years of life predicts subsequent substance use later in life.

Unfortunately, substance abuse later in life also increases the likelihood that these adults will perpetrate child abuse through the abuse of their own children. A recent study published in the journal *Development and Psychopathology* demonstrated how child abuse is reproduced across generations through increased use of alcohol and drugs.

Childhood abuse is a strong indicator of substance abuse and addiction later in life. Adults who were abused or neglected during childhood often turn to drugs and alcohol for self-medicated coping. Along with the development of substance abuse problems, these adults are at increased risk for abusing their own children; increased stressors such as poverty, loss of employment, and illness only make things more difficult. These factors often result in a vicious cycle of child maltreatment and substance abuse across generations of family.

Substance abuse treatment is an essential step for adults seeking recovery and looking to break the intergenerational cycle of child abuse and neglect. In addition to parents receiving the appropriate therapy at a rehab center, assistance for abused children may be provided by child welfare services, school systems, and healthcare providers. This assistance will allow parents with addiction to get the necessary help they need while ensuring that their children are free from further abuse and neglect.

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What is Historical Trauma?

According to Webster's Dictionary, Historical: a. Of, relating to, or having the character of history b. based on history c. used in the past and reproduced in historical presentations.

Trauma: a. An injury, such as a wound b. A disordered psychic or behavioral state resulting from severe mental or emotional stress or physical injury c. An emotional upset

Okay, so what does that mean to me?

When you think about historical trauma, do you really know what it means for yourself, your 'ohana, our keiki, and our community? Sometimes these clinical terms are used to help label a child or a family but do we know what it means, and more importantly, do we know how to treat an 'ohana who is dealing with it? More often than not, individuals do not know how to help individuals and families heal and deal from HT because they may not have been directly affected by it.

HT consists of three elements 1) a traumatic event, 2) the shared experience of the trauma by a group of people, and 3) the multigenerational impact of the trauma.

There are many groups of people who do not want to hear about HT because they may feel that it divides us, or perhaps they have no knowledge of the scope



of HT in our community. However, that is the furthest from the truth. Knowing that it exists in our community is paramount to our healing. The collective grief within families is evident in our day-to-day lives with our keiki. Our children do not know what they are angry about. It has become a tool in their households to "help" them deal with everyday challenges.

When working with youth and when they respond to the question, why are you so angry? "I don't know," is a very real answer. That answer could very well be an indicator of HT.

A child must learn to say, "You hurt my feelings. What you said didn't make me feel good," or "you scared me." It takes time and patience for a parent, an adult, or a caregiver to teach.

As a Licensed Clinical Social Worker, I have worked with many individuals who have/are dealing with unresolved trauma. What does it look like? Addiction (i.e., drugs, alcohol, technology), the inability to deal with conflict, anxiety, depression, self-destructive behaviors, difficulty identifying and expressing emotions, and an inherent belief that they have no value in this life.

How do we overcome Historical Trauma? We help create new narratives. We help people uncover and discover the strength in who they are, their person, and their place. We help them connect to their kupuna, their ancestors, and their culture. We help them understand their grief and past traumas. If for any reason you are triggered because of your own trauma, or you cannot help (for whatever reason), please find someone who can. Knowing when you cannot is important too. The most important piece is to do no harm. Know your boundaries, personally and professionally, and never ever add to their trauma.

Michele Navarro Ishiki | LCSW, CSAC, ICADC
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Recognizing abusive behavior in yourself

Do you feel angry and frustrated and don't know where to turn? Do you see yourself in some of these descriptions, painful as it may be? Do you feel angry and frustrated and don't know where to turn? Raising children is one of life's greatest challenges and can trigger anger and frustration in the most even tempered. If you grew up in a household where screaming and shouting or violence was the norm, you may not know any other way to raise your kids.



It is only as adults that we have the perspective to step back and take a hard look at what is normal and what is abusive. Read the above sections on the types of abuse and warning signs. Do any of those ring a bell for you now? Or from when you were a child? The following is a list of warning signs that you may be crossing the line into abuse:

How do you know when you've crossed the line?

- You can't stop the anger. What starts as a swat on the backside may turn into multiple hits getting

harder and harder. You may shake your child harder and harder and finally throw him or her down. You find yourself screaming louder and louder and can't stop yourself.

- You feel emotionally disconnected from your child. You may feel so overwhelmed that you don't want anything to do with your child. Day after day, you just want to be left alone and for your child to be quiet.
- The daily needs of your child seems impossible. While everyone struggles with balancing dressing, feeding, and getting kids to school or other activities, if you continually can't manage to do it, it's a sign that something might be wrong.
- Other people have expressed concern. It may be easy to bristle at other people expressing concern. However, consider carefully what they have to say. Are the words coming from someone you normally respect and trust? Denial is not an uncommon reaction.



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The Mental Health Effects of Living in Foster Care

By: Sarah Sheppard

Children in foster care are facing tremendous hardships. The simple act of leaving home is a traumatic experience, but this is just the beginning for children entering the welfare system. Many have been removed from their home due to abuse or neglect. Many are forced to adapt to constantly changing environments, as they are bounced from home to home. Some are returned to their biological family after a short-term placement, only to be reentered back into the system.

Living in foster care is challenging, no matter the situation, and this experience can have a negative impact on a children's mental and behavioral health.

While the goal of foster care is to provide children with a safe and nurturing temporary home until they can be reunited with their biological family or given permanent placement, the reality is that more than 20,000 foster care children age out of the system on an annual basis before this happens.

To support the health and well-being of children in foster care, it's important to understand what they endure on a regular basis, what risks they face, and what solutions are available to prevent negative mental health outcomes.

The Effects of Early Childhood Trauma

In many foster care cases, children are removed from their biological home due to maltreatment, abuse, or neglect, which means the child has likely experienced physical, emotional, or psychological trauma.

Even if a child is taken out of their home for other reasons—a parent is sent to prison, both parents have died, a parent is battling a substance use disorder—they are still dealing with a traumatic event that can have serious mental health implications.

"In foster care, children are often moved around a lot and have to interact with multiple people in their journey. With instability comes loss, and loss is always part of foster care starting with the removal or separation of the child from their first family," says Ebony E. White, PhD, LPC, NCC, ACS. There is a constant

'starting over' process that children endure in the system, and this can cause problems with attachment and detachment, which impacts the child's ability to form and maintain healthy relationships.

Without support or the proper treatment, children in foster care may have a hard time processing, understanding, and recovering from their circumstances and this can cause physical, mental, and emotional symptoms that can extend into adulthood. Not only do these children need proper mental health care, but they need ongoing support from their guardians, social workers, and state agencies.

Mental Health Disorders Associated With Foster Care

Foster care children are among the most vulnerable in the world, so it's no surprise that the majority face mental and behavioral health problems. When you're taken out of your home by a stranger and placed in a new home or congregate setting with more strangers, you're bound to experience anger, confusion, fear, and distrust.

When placed into another home, many children in foster care ask the following questions, according to John DeGarmo, Ed.D, founder of The Foster Care Institute: Why am I here? Did I do something wrong? Do my parents not love me anymore? How long will I be here?

Foster care children experience high rates of mental health disorders and are at an increased risk of experiencing negative long-term health outcomes.² Common mental health disorders seen among foster care youth include:

- Post-traumatic stress disorder
- Reactive attachment disorder
- Anxiety disorder
- Depression
- Borderline personality disorder
- Social phobia
- Oppositional defiant disorder
- Conduct disorder
- Attention deficit hyperactivity disorder (ADHD)
- Separation anxiety disorder
- Eating disorders

It's also common for foster care children to experience comorbid disorders and engage in high-risk behaviors such as violence, substance use, and delinquency.⁴ "Children in foster care often struggle with issues of trust, attachment, and anxiety," says Dr. DeGarmo. They also face significant emotional difficulties such as a lack of self worth and the need to be in control, which can make it hard to establish healthy, loving relationships.

Barriers Facing Long-Term Foster Care Youth

While some children are reunited with their biological family or adopted into a new family, many others age out of foster care and find themselves without the support they need to live independently. Youth leaving foster care, also called care leavers, suffer more with mental health and behavioral problems than non-fostered youth and are more likely to be incarcerated. Among foster care youth who receive five different placements, approximately 90% get involved with the criminal justice system.

The transition to adulthood – and independent living – for foster care youth is extremely difficult, as many experience low levels of support, which leads to an increased risk of social exclusion, homelessness, unemployment, low education, financial difficulties and behavioral problems.⁶ This is especially true of LGBTQ+ youth, youth of color, and youth diagnosed with mental illnesses.

In order to aid in this transition, we need to provide foster care youth with educational assistance, job training, housing placement, and financial support, as their biggest concerns often revolve around social drivers like housing, finances, employment, and access to health care.⁶

Providing Mental and Behavioral Health Care and Support

Studies suggest that among the 40% of youth in foster care, up to about 80% exhibit a serious behavioral or mental health problem requiring intervention.

Continued on bottom of next page

7 Ways to Heal Your Childhood Trauma

By Casa Palmera Staff

Children are often viewed as highly resilient and able to bounce back from just about any situation, but traumatic experiences in childhood can have severe and long-lasting effects well into adulthood if they are left unresolved. Childhood trauma can result from anything that makes a child feel helpless and disrupts their sense of safety and security, including: sexual, physical or verbal abuse; domestic violence; an unstable or unsafe environment; separation from a parent; neglect; bullying; serious illness; or intrusive medical procedures.

If you're living with the emotional and psychological consequences of a traumatic childhood, there is hope. Here are seven ways to heal your childhood trauma and reclaim your life.

1. Acknowledge and recognize the trauma for what it is. Victims of childhood trauma often spend years minimizing the event or dismissing it by pretending it didn't happen or by succumbing to feelings of guilt or self-blame. The only way you can begin healing is to acknowledge that a traumatic event did occur and that you were not responsible for it.
2. Reclaim control. Feelings of helplessness can carry well over into adulthood and can make you feel and act like a perpetual victim, causing you to make choices based on your past pain. When you're a victim, the past is in control of your present. But when you've conquered your pain, the present is controlled by you. There may always be a battle between past and present, but as long as you're willing to let go of the old defenses and crutches you used as a child to navigate your trauma, you will be able to reclaim control of your life now and heal your pain.
3. Seek support and don't isolate yourself. A natural instinct that many trauma survivors have is to withdraw from others, but this will only make things worse. A big part of the healing process is connecting to other people, so make the effort to maintain your relationships and seek support. Talk to a trusted family member,

friend or counselor and consider joining a support group for survivors of childhood trauma.

4. Take care of your health. Your ability to cope with stress will increase if you are healthy. Establish a daily routine that allows you to get plenty of rest, eat a well-balanced diet and exercise regularly. Most importantly, stay away from alcohol and drugs. These might provide temporary relief but will inevitably increase your feelings of depression, anxiety and isolation and can worsen your trauma symptoms.
5. Learn the true meaning of acceptance and letting go. Just because you accept something doesn't mean you're embracing your trauma or that you like it or agree with it. Acceptance means you've decided what you're going to do with it. You can decide to let it rule your life or you can decide to let it go. Letting go doesn't mean "poof!" it's magically gone. Letting go means no longer allowing your bad memories and feelings of a bad childhood to rob yourself of living a good life now.
6. Replace bad habits with good ones. Bad habits can take many forms, like negativity and always mistrusting others, or turning to alcohol or drugs when feelings become too hard to bear. Bad habits can be hard to break, especially when they're used as crutches to help you avoid reliving the pain and trauma of your childhood. A support group or a therapist can help you learn the tools necessary to break your bad habits and replace them with good ones.
7. Be patient with yourself. When you've been seriously hurt as a child you develop out-of-control emotions, hopelessness, defense mechanisms and warped perceptions that are difficult to let go of. It will take a lot of time and hard work to let go of these feelings. Be patient with yourself and honor your progress, no matter how small it may seem. It's the little victories in your recovery that will eventually help you win the battle of healing your childhood trauma

Continued from previous page.

The problem is that many mental health issues go unaddressed and untreated, and far too often, the children are blamed for their behavior rather than offered support and care.

"Children need to have structure, boundaries, consistency, affection, and attention," Dr. Ebony White explains. "We have to try to and support our children in foster care with some sense of stability and consistency in order to support healthy mental, emotional, and social well-being."

Simply living in foster care, for any period of time, puts a child at a high risk of developing medical, behavioral, and/or emotional difficulties.

Children in foster care don't always get their basic human needs met. A child may be experiencing homelessness, housing instability, food insecurity, financial hardship, maltreatment, or neglect, which prevents them from addressing and meeting other human needs like connectedness, intimacy, love, independence, and self-actualization.

"It is important that children in foster care receive professional therapy and counseling services," says Dr. DeGarmo. "Along with this, foster parents need to

ensure that their child in care and in their home are provided security, safety, consistency, and feelings of being loved unconditionally. Foster parents must also be patient, understanding, compassionate, and non-judgmental in order for the child to heal and thrive."



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HO'OIKAIKA PARTNERSHIP

Working together to keep
our 'ohana safe and supported



The Ho'oiikaika Partnership is a coalition of community organizations, individuals, county and state agencies united in the effort to prevent child abuse in Maui County.

We envision a world where all our 'ohana are healthy, safe, and supported.

We work together to strengthen and expand the system of support by building a strong prevention and provider network that supports collaboration, shares knowledge and resources, and shapes policy to prevent child maltreatment.

Our Goals

1. Create a seamless safety net of services to support children and their caregivers
2. Strengthen the prevention and provider workforce
3. Educate and advocate for policy, program, and systems changes to prevent child abuse and neglect
4. Engage the community in the prevention of child abuse and neglect
5. Strengthen the foundation of the Ho'oiikaika Partnership

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**For more information & to join us:
www.hooikaikapartnership.com**

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SCAN TO REQUEST INFO!

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Debbie Cabebe, SHRM-SCP, SPHR
Chief Executive Officer

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24-Hour Service Line: 1-888-270-9582

Maui Resources for Information and Assistance

Child and Family Service -Crisis Response; prevention and education/parenting/ sex abuse treatment Maui 877-6888
Molokai Branch 808 567-6100
24 Hour Hotline 873-8624

Department of Human Services (CPS)-Maui
Section 243-5143 Intake 888-380-3088 Molokai
Unit - 808 553-1703 / Lanai Office - 808 565-7102

Maui Police Department - 244-6400 or 911

Aloha House 579-9584
Child & Adolescent Outpatient
Mental Health Services 249-2121

Aloha United Way - 24-hour information
& referrals Phone: 211

ATV (Molokai) - TROs/anger management
-all ages 808 553-3202

Aloha House - Outpatient substance abuse treat-
ment & mental health services 579-9584

Big Brothers/Big Sisters - Provides 1-on-1
mentoring - 242-9754

Catholic Charities - 875-2984

Children's Justice Center - Maui 244-7926

Coalition for a Drug Free Lanai
(808) 236-2600 hinamauka.org

Community Clinic of Maui - Medical
outreach services 871-7772

It Takes An 'Ohana - ItTakesAnOhana.org
Children and youth foster care support

DOH-Family Guidance Center
- Mental health services for children - 243-1252

DOH Family Health Services - 984-2136

DOH Public Health Nursing - 984-8206

Hale Ho'omalau - 24-hour hot line & women's
shelter on Molokai 808 567-6888

DHS-Income Maintenance - Financial, medical,
and food stamps - 984-8300

Family Life Center - 877-0880

Good Beginnings - 270-5557

Hui Malama Center - Tutoring GED - 244-5911

Imua Family Services - Children with developmen-
tal delays 244-7467

Ka Hale A Ke Ola Homeless Resource Center
242-7600
Ka Hale Pomaikai - (808) 558-8480
kahalepomaikai.org

Lanai integrated Service System (LISS) Operated
by PACT, services primarily to DHS families for
counseling, visitation, & family strengthening 808-
565-9191 pachtawaii.org

Lanai Women Helping Women - 808-565-678

Lanai Community Health Center - 808-565-6919

Legal Aid Society of Hawaii- Civil (not criminal)
legal assistance to low income persons 244-3731
Malama Family Recovery Center - Substance
abuse education & treatment-women 877-7117

Malama Family Recovery
Women-specific outpatient and residential
substance abuse treatment that targets pregnant
and parenting women. 808-877-7117

Maui AHEC Child Sexual Abuse Crisis Response
- Molokai 553-3623

Maui County Catholic Social Ministry - 244-8106

Maui Economic Opportunity - possible rent/utility
help & child day care program - 249-2990

Maui Family Support Services - In-home family
strengthening services, Teen pregnancy preven-
tion and support Program, Early Head Start,
Healthy Start and Fatherhood Initiative Program
242-0900

Maui Farm - 808-579-8271 - themauifarm.org

Maui Food Bank - 808-243-9500

Maui Humane Society - 877-3680

Maui United Way - Call 211

Maui Youth & Family Services - Adolescent
programs 579-8414 Molokai 808 553-3907

MCAPP - (808) 723-2571 - molokaicapp.org

Mediation Services of Maui - Custody/dispute
resolution - 244-5744

Mental Health Kokua
(808) 986-0059 - mentalhealthkokua.org

Molokai Community Health Center
808-553-5038

Molokai Community Services - 553-3244
Molokai Family Support Services-Family strength-
ening services, 0-5 yr. olds 808-553-3276

Na Hale O'wainee
Lahaina Homeless Resource Center - 662-0076

Neighborhood Place Of Wailuku - 986-0700

Ohana Makamae - 248-8538

PACT- Violence intervention services (men,
women & adolescents), mental health services for
public school students - 244-2330
Pact-Ulupono Family Strengthening Program
244-2330

PATCH - Child care provider referrals - 242-9232

Queen Lili'uokalani Children's Center - Services
for children of Hawaiian ancestry 242-8888
Molokai 808 553-5989

Salvation Army - Possible rent/utility help for
homeless - 871-6270

Victim Witness assistance Program -
Court-related services for victims 270-7695

Women Helping Women - Shelter & help for
women victims of domestic violence and their chil-
dren - 242-6600

Nationwide Resources

Child Help National Child Abuse Hotline
1-800-4-A-CHILD or 1-800-422-4453 www.child-
helpusa.org

National Center for Missing & Exploited Children
1-800-843-5678, missingkids.org

National Center for Victims of Crime
1-800-FYI-CALL or 1-800-394-2255 - ncvcc.org

National Children's Alliance
1-800-239-9950 www.nca-online.org

National Organization for Victim Assistance -800-
TRY-NOVA or 1-800-879-6682 www.try-nova.org

Office for Victims of Crime Resource
Center 1-800-851-3420 TTY 1-877-712-9279
www.ojp.usdoj.gov/ovc/ovcres/welcome.html

Children's Defense Fund - 1-800-233-1200
www.childrensdefense.org

Darkness To Light -1-866-367-5444
www.darkness2light.org

National Clearinghouse On Child Abuse
& Neglect Information <http://nccanch.acf.gov/>
Office of Juvenile Justice & Delinquency
Prevention <http://ojjdp.ncjrs.org>

Prevent Child Abuse America
www.preventchildabuse.org

Annie E. Casey Foundation. Serving children and
families.

Child Abuse Prevention Network
www.child-abuse.org

Child Welfare Information Gateway
www.childwelfare.gov

Connect for Kids.
www.connectfor kids.org

Faith Trust Institute
www.faithtrustinstitute.org

National Teen Dating Abuse Helpline
www.loveisrespect.org

Parents, the Antidrug
www.theantidrug.com

Safe Kids.com Internet safety for kids
www.safekids.com

US Dept of Health & Human Services
www.os.dhhs.gov

Childrens' Defense Fund
www.childrensdefense.org

Connect For Kids
www.connectforkids.org

Delta Society
www.deltasociety.org

National Center For Victims Of Crime
www.ncvc.org

Child and Family Web Guide
www.cfw.tufts.edu

Center for Disease Control and Prevention
www.cdc.gov/violenceprevention

National Child Traumatic Stress Networks
www.NCTSN.org

National Center on Shaken Baby Syndrome
www.dontshake.org

Joyful Heart Foundation
www.joyfulheartfoundation.org



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